

R.N.I. RAJBIL/2010/52404

शान्ताकारं भुज्जलशयनं पद्मनाभं सुरेशं, विश्वाधारं नगनलवृक्षं मेघवर्णं शुभाकुलम् ।
लक्ष्मीकान्तं कमलनयनं योनिभिर्ध्यानगतम्, वन्दे विष्णुं भक्तभक्त्यरं सर्वलोककनाथम् ॥

SEVA SAUBHAGYA

Pujya Kailash Ji 'Manav'

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43RD



DIFFERENTLY ABLED AND UNDER PRIVILEGED MASS WEDDING CEREMONY

Date: 8th and 9th February, 2025

Venue: SevaMahatirth
Badi Udaipur

43RD DIFFERENTLY ABLED AND UNDER PRIVILEGED MASS WEDDING CEREMONY

BECOME THE FOSTER PARENTS OF DISABLED AND POOR GIRLS



Kanyadaan (one daughter)

₹ 1,00,000

Paanigrahan Sanskar(per couple)

₹ 21,000

Aanshik Knayadaan (one daughter)

₹ 51,000

Haldi Mehndi Ceremony (per couple)

₹ 5,100



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SEVA SAUBHAGYA



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Service Points of This Month Heartiest greeting on New year, Makar Sankranti and Republic day.



06



07



09



10



14

EDITORIAL BOARD

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EVERYTHING IS POSSIBLE WITH POSITIVE THINKING

A person's life without a purpose is meaningless. It is just like a boat without a rudder. A human being has not got life so that it can be wasted without a purpose. He has got it to do something so that even after his death, he is remembered in the society and the future generations are inspired.

In human life, opportunities for both joy and sorrow keep arising. Some work day and night to earn money, while some are sorrowful because they have no children, and others are unhappy with their children. Some take pride in their children's success. Some are unhappy with their job, while others are unhappy because they don't have one. Some are worried about their daughter's marriage, while others, despite working hard, are unsuccessful in business. A person experiences happiness when their efforts succeed and sorrow when they fail. This can be understood through a simple example. During winter, one enjoys sitting in the sun, while in the harsh heat of summer, one seeks to avoid the same sun. That is to say, joy can be experienced in any situation. Life without purpose is meaningless, just like a boat without a rudder. Human life is not meant to be wasted aimlessly. It is meant to accomplish something, so that even after death, one is remembered by society and inspires future generations. To live a memorable life, one must climb the ladder of success. Humans often dream of being more successful than others. Achieving success is undoubtedly difficult, but not impossible. By making some changes in work methods and thought processes, success can be achieved easily. Positive thinking is a big step towards success. Do not let self-confidence waver. Do not waste time. Those who understand the value of time, leave their name behind. Do your work yourself. Eliminate any feelings of inferiority within you and build your inner strength. Inner

strength grows through positive thinking.

In Hastinapur, Guru Dronacharya was teaching archery and weaponry to the Kuru princes, the Pandavas and Kauravas. One day, a dark-skinned forest boy came to him. After bowing to the Guru, he prayed, "My name is Ekalavya. I have come to ask for your grace and to kindly teach me the art of archery." The Guru found the boy's humility pleasing, but he could not allow a forest boy to train alongside the princes. Ekalavya left in disappointment. Some time later, Guru Dronacharya went on a trip to the forest with his disciples. A dog of the Pandavas went towards the place where Ekalavya was practicing archery. Upon seeing him, the dog began barking. To prevent the interruption, Ekalavya shot arrows in the direction of the barking. The dog's mouth was filled with arrows, but there were no scratches on its face. The Pandavas were amazed at this, as was Guru Dronacharya. They went in search of the source of this skill and discovered Ekalavya practicing near a clay statue of Guru Dronacharya. Upon hearing the footsteps of the Guru, Ekalavya quickly became alert. He fell at the Guru's feet and said, "This is the result of your grace and inspiration." Arjuna said, "Guruji, in front of his skill, I am insignificant in archery." Guru Dronacharya then demanded the thumb of Ekalavya's right hand as Guru Dakshina, so that his claim to being the best archer would be nullified. The boy immediately cut off his thumb and gave it to the Guru, but he became immortal in history.

"Sevak" Prashant Bhaiya- President



GOOD FOR ONESELF IN THE INTEREST OF ALL

Pujya Shri Kailash 'Manav'

The meaning of human life lies in the spirit of self-sacrifice for the welfare of others. This is also the ultimate religion. This highest ideal of humanity should become the aim of life. Only the good nature of charity has the ability to enlighten the conscience of a human being. The person benefited by charity not only gets immediate benefit, but the person doing the charity also experiences self-satisfaction.

The purpose of human life should be to work selflessly for the welfare of all. One should not harbor animosity, nor wish ill upon anyone. Even in the face of those who wronged him, Bhakta Prahlad always wished for their well-being. The goal of life is not to indulge in worldly pleasures or become engrossed in the joys of the world. Instead, it is to think and act for the welfare of all. Our own well-being lies in the well-being of others. One must continually think and work on how to ensure happiness and peace for everyone.

On the request of Indra, the King of Gods, and other deities, Sage Dadhichi sacrificed his body. From his bones, Lord Vishwakarma made the Vajra, with which Indra was able to kill the demon Vritrasura and regain control of heaven. Upon hearing this from his mother, Suvarcha, the young boy Pippalada grew furious with the gods and decided to destroy them. He began his penance by the Gautami River. Pleased with his penance, Lord Shiva appeared before him and asked him to ask for a boon. Pippalada said, "O Pralayankar (Destroyer), if you are pleased with me, open your third eye and burn the gods who killed my father."

Lord Shiva replied, "Son, you cannot withstand the power of my Rudra form. That is why I have appeared before you in my gentle form. Do not call upon my third eye, for if I open it, the entire universe will be destroyed." Pippalada responded, "I do not care for the gods or the world. Please burn the selfish gods."

Lord Shiva smiled and said, "I will give you an opportunity. You may see my Rudra form within yourself." Pippalada saw the terrifying, fiery form of Lord Rudra and felt that his entire being was about to be consumed. His body shook violently, and he thought that his end was near. In a state of despair, he called out to Lord Shiva. The terrifying form vanished, and before him stood the smiling Lord. Pippalada complained, "I asked you to burn the gods, but you started with me."

Lord Shiva lovingly explained, "Destruction starts from the place where it is invoked. The gods you call are Indra for your hands, the Sun for your eyes, the Ashwini Kumaras for your nose, and the Moon for your mind. Each sense and organ has its own governing deity. If you destroy them, how can the body survive? Understand that wishing harm upon others brings harm to oneself first. Your father, Sage Dadhichi, sacrificed his bones for the welfare of others. His selflessness made him immortal, and he will dwell in divine realms for eternity. You should think and act in the same way for the well-being of others."

From this story, we learn that those who renounce their selfish desires and work for the welfare of others are always held in high regard in society. Not all seeds sown in a field sprout, but not a single seed of virtuous actions goes to waste in life.

MAKAR SANKRANTI: A DAY FOR BATHING, DONATION, AND FOSTERING PUBLIC GOOD



In Indian tradition, donation (daan) is considered extremely important. Makar Sankranti is a major festival of donation. The day when the Sun enters the Capricorn zodiac is known as Makar Sankranti. On this day (January 14), the Sun begins its U t t a r a y a n movement, which is why this festival is also called Uttarayani. The Sun

is the only direct form of one of the Panchdev (five primary deities) present on Earth. On Makar Sankranti, worshipping the Sun, making donations, and bathing in the Ganges hold special significance. This year, the significance of bathing and donation has increased with the grand Kumbh Mela being held at the holy confluence of Prayagraj (Sangam). Various fairs will also be held at different pilgrimages across the country. At Ganga Sagar (West Bengal), millions of people will take a holy dip and make donations, arriving from all parts of the country. In Uttarayani, Sun worship is especially fruitful. According to the Surya Upanishad, all the gods, sages, & saints reside in the Sun's constellations.

By worshipping and offering prayers to them, blessings can be received. Taking a holy dip in the Ganges or any other sacred river in the auspicious time of the morning and offering water to the Sun is highly beneficial. During this time, chanting the Gayatri Mantra is recommended. During the Mahabharata era, Bhishma Pitamah waited for six months, lying on the bed of arrows, to depart from this world on Makar Sankranti. On this day, Goddess Ganga, following the steps of Bhagirath, met the ocean, touching the ashram of Sage Kapil. On Makar Sankranti, especially in North India, it is customary to offer khichdi and til laddus to Lord Surya and distribute them to the poor, as well as donate clothes. Therefore, this festival is also known as the great festival of donation and Khichdi.

On the occasion of Makar Sankranti, your very own Narayan Seva Sansthan will organize large camps for donations of food, clothes, and more. Along with this, there will also be a community feast featuring 'khichdi' and sesame laddoos. By participating in this event, you too can earn great merit.

AYURVEDIC THERAPY WILL PROVIDE RELIEF IN THE WINTER.

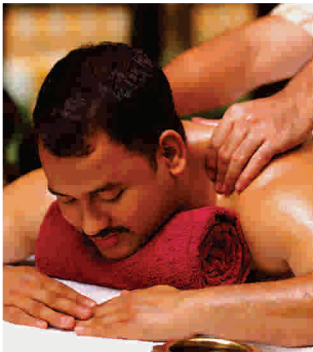
The therapies used in Ayurveda also provide relief from physical discomforts during the cold season. They help alleviate issues such as joint stiffness, obesity, high blood pressure, and fatigue. These therapies are especially beneficial for the elderly.



Potli Massage

This is a type of full-body massage. In this therapy, flowers and leaves of herbs like Ashwagandha, Neem, Mustard, Turmeric, Ginger, Aloe Vera, Onion, etc., are dried and used. These are crushed and tied in a cloth pouch.

Under the guidance of an Ayurvedic practitioner, the pouch is dipped in warm oil and massaged on the body part where pain is felt. It is especially beneficial for conditions like arthritis, spondylitis, frozen shoulder, osteoarthritis, etc. This therapy opens the pores, relieves muscle tension, and provides comfort from pain.



Abhyanga Massage

This massage is beneficial for both mental and physical health. It improves blood circulation and boosts immunity. The stiffness in joints is alleviated, and toxins are removed from the body. It also helps with fatigue and insomnia.

There are various oils used in Ayurveda, and the choice is made based on the recommendation of the practitioner. This massage can be done on the whole body. It is especially effective when done on an empty stomach in the morning, providing great benefits to the head, feet, and different body joints.



Udvardhanam Massage

Herbs like Amla, Dry Ginger, Clove, Haritaki are crushed and sieved as per the prescribed amount by the Ayurvedic practitioner. The massage is done with a mixture of dry powder and oil. Rubbing the dry powder on the skin removes dead skin cells, and opens up the pores. The massage with oil mixed powder enhances skin glow and helps prevent skin disorders caused by the cold.

It is also beneficial for issues like obesity, diabetes, and blood pressure. Massaging this powder mixed Ayurvedic oil on the head relieves stress, insomnia, and nerve-related problems.

Also pay attention to this **1.** Eat light and warm food. Avoid cold things. Consuming cold things slows down the digestive fire and slows down the digestion process. **2.** Do not eat heavy, fried and sweet food. Take more lentil and green vegetable soup. **3.** Use ginger and warm spices like cardamom, cumin, black pepper, turmeric, cinnamon, asafoetida etc. in vegetables. **4.** Do yoga and exercise regularly.

LOST LEGS IN TRAIN ACCIDENT SANSTHAN GAVE A HAPPY LIFE

Sanjay Paswan, a differently-abled person from Ludhiana (Punjab), now leads a happy and self-reliant life with his wife and two daughters, thanks to Narayan SevaSansthan. Sanjay, a resident of Dumri village in Patna district, Bihar, lost both of his legs in a train accident while pursuing his college education. This tragic event shattered all his dreams and dimmed his hopes. He was completely disheartened, facing challenges at every step. But his spirit remained strong.

In 2016, after learning about the Sansthan's free service projects, Sanjay got in touch with the Sansthan, and this marked a new beginning in his life. The Sansthan not only gave him the support of prosthetic legs, revitalizing his halted life, but also introduced him to recognition by making him a participant in the Sansthan's Divyang Talent Show. Sanjay astonished society with his abilities and talents.

A significant decision in Sanjay's life was also made through the Sansthan. The Sansthan helped him choose his life partner and, through its collective Divyang Youth Marriage Program, facilitated their wedding, helping him establish a household. His wife is also differently-abled with one leg.

On November 10th, during the artificial limb fitting camp organized by the Sansthan in Ludhiana, Sanjay met again with Sansthan President 'Sevak' Prashant Bhaiya. Upon learning that Sanjay was facing employment issues, Bhaiya assured him of a quick resolution. On November 15th, Sanjay was provided with a vegetable cart for his livelihood. Both Sanjay and his wife now run the cart together and are living a happy life.

The Sansthan has previously helped many individuals like Sanjay by providing them with employment through the support of its donors.





690 DIFFERENTLY ABLED LIVES TRANSFORMED IN LUCKNOW

Narayan Seva Sansthan's Narayan Limb and Calipers Fitment Camp was successfully held on December 1st at the Dayal Gateway Hotel, Kisan Bazaar in Lucknow. Over 690 differently-abled individuals were provided with upper-lower and multiple prosthetic limbs and calipers at the camp. The Chief Guests for the event were Shri Dayashankar Singh, the Transport Minister of Uttar Pradesh, and Mrs. Aparna Yadav, Vice-Chairperson of the Women's Commission. The Chief Guests expressed their admiration for Narayan Seva Sansthan's efforts, highlighting that the organization is not only empowering the differently-abled but also making their lives easier and more meaningful. They emphasized that the sansthan's work helps strengthen the spirit of "Vasudhaiva Kutumbakam"





(the world is one family) to make the world a happier and healthier place. The Chief Guests also announced plans to organize similar camps in Ballia district through the sansthan.

Mrs. Aparna Yadav, who was presiding over the camp, congratulated those who benefited from the Seva Camp and started a new life by walking on their own feet. While praising the commitment of the sansthan in the service of the disabled, she requested for another camp in Lucknow and offered her personal contribution.

Special guests Mrs. Pratibha Srivastava, Mr. Omprakash Gupta and Mrs. Meera Devi also expressed their gratitude for this human service Yagya of the sansthan. In the beginning, the trustee director of the sansthan Devendra Choubisa and director media and public relations Bhagwan Prasad Gaur welcomed the guests seated on the stage in the Mewari tradition. Trustee Choubisa introduced the services of the sansthan till now with a handful of flour. He also presented the service resolution letter of the sansthan for 2025. 171 lower limbs, 131 upper limbs, 90 multiple limbs and 270 calipers were installed in the camp. Camp in-charge Mr. Hari Prasad Laddha and Mr. Badri Lal Sharma thanked the guests.



RIELLO POWER DONATED SCHOOL BUS TO CHILDREN ACADEMY

Riello Power India Pvt. Ltd., the country's leading company in manufacturing uninterruptible power supply (UPS) systems, on 21st November presented a 52-seater bus to the children of Narayan Children Academy of the Sansthan.

In a simple ceremony held at the Sansthan's ashram in Gurugram, the officials of Riello Power handed over the keys of the bus under their CSR (Corporate Social Responsibility) initiative. This bus will provide more convenience to the poor children of the free English medium academy run by the sansthan in Udaipur.

Riello Power's Business Development and Vice President Antonio Cossia expressed that they are happy to cooperate in the projects of Narayan Seva Sansthan. During the ceremony, Director General, Italy, Fabio Pasiulo, Roberto Fucci, Oscar Tempera, CFO Anil Munjal, and Chittaranjan Chakra also addressed the gathering and assured future cooperation. The sansthan's ashram in-charge Bhanwar Singh Rathore expressed gratitude to the company and its officials for their generous support.





SERVING THE DIFFERENTLY ABLED IS TRUE WORSHIP: SHARMA

On International Disabled Day, various service events were organized in the Sansthan on 3 December under the guidance of founder-chairman Pujya Gurudev Shri Kailash Ji Manav. Narayan prosthetic limbs (hands and feet) and wheelchairs, tricycles etc. were distributed free of cost to the needy disabled. The chief guest was Secretary of District Legal Services Authority and ADJ Shri Kuldeep Sharma and the special guest was Joint Director of Social Justice and Empowerment Department Shri Girish Bhatnagar. Pujya Gurudev threw light on the 40-year service journey of the sansthan. The chief guest said that serving the destitute, sick and disabled is like worshipping God. While giving information about the various service projects of the sansthan, Sansthan Director Mrs. Vandana Agarwal said that the sansthan is ready to serve the society 24 hours a day, seven days a week. The project was conducted by the project department in-charge Shri Sanjay Dave.



Under the Aegis of

Rajasthan State Gymnastics Association

(Affiliated with the RSSC, ROA and GFI)

November 25th to 27th November 2024

Chief Guest: Narayan Seva Sansthan,

Secretary: D. Prashant Bhaiya (Rajasthan)

Patronage by: D. Prashant Bhaiya

Chief Guest: D. Prashant Bhaiya



GYMNASTICS CHAMPIONSHIP AT SEVAMAHA TIRTH

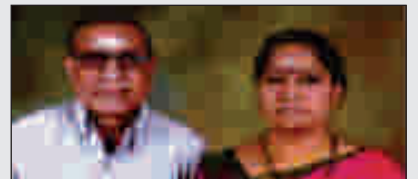
R Under the aegis of the Rajasthan State Gymnastics Association, the three-day Senior State Gymnastics Championship concluded on November 27 at the Seva Mahatirth Campus of Narayan Seva Sansthan. The chief guest of the closing ceremony was the President of Narayan Seva Sansthan, 'Sevak' Prashant Bhaiya. Special guests included Nitul Chandaliya, Atul Chandaliya, international swimming coach Dilip Singh Chauhan, Rajendra Nalwaya, Rajasthan State Gymnastics Association President Chain Singh Rathore, Parmeshwar Kumar, and Kan Singh Rathore.

On this occasion, Prashant Bhaiya encouraged the players and awarded the winners. According to Himmat Singh Chauhan, President of the Udaipur District Gymnastics Association, in the women's category, the Jodhpur team secured first place, Nagaur came second, and Ajmer secured third place. In the men's category, Jodhpur also claimed first place, Bhilwara came second, and Udaipur secured third. Bharat Singh Bhati, the secretary, shared that in the individual women's events, Disha secured the first position, Isha came second, and Deepa secured third place—all three winners hailing from Jodhpur. In the men's individual category, Shubham from Jodhpur secured first place, Prateek from Bhilwara came second, and Krishna from Udaipur secured third.

दानवीर भामाशाह का हार्दिक आभार



स्व. श्री जदुनाथ सिंह एवं स्व. श्रीमती रेशमा देवी
कासगंज (उत्तर प्रदेश)



श्री एवं श्रीमती के. स्वर्णा सुब्रमन्याचार्य
वीवी नगर, हैदराबाद (तैलंगाना)

JHINIJHINI ROSHANI - 67



When Kailash Ji shared the stories of his service initiatives with these distinguished individuals, they were delighted and deeply inspired. Listening to these people, Kailash Ji would always find something to learn. Gradually, he began participating in weekly satsangs every Saturday. Dr. R.K. Agrawal also started organizing satsangs in the Central Jail, where prisoners would sit in rows and collectively sing devotional songs. After the kirtan, Dr. Agrawal would give simple yet meaningful teachings to the inmates. Whenever Kailash Ji attended these sessions, Dr. Agrawal would invite him to speak as well. This gave Kailash Ji valuable practice in public speaking. Over time, he started engaging with the prisoners, learning about their experiences and reflections.

With the addition of these new activities, Kailash Ji's schedule became busier, yet it did not disrupt his regular visits to Beesalpur. On one occasion, Rajmal Bhausa handed him two sacks of clothes sent from Mumbai by Maftakaka, which were part of international relief material. These clothes, being of excellent quality, brought great excitement to Kailash Ji.

In Beesalpur, the sacks were loaded onto a bus with the help of others. However, at Bali, where the bus needed to be changed, Kailash Ji faced a challenge. He had to unload the sacks and reload them onto another bus headed to Udaipur. Finding no laborers or helpers around, he unloaded the sacks himself by climbing onto the bus roof and dropping them down, as the clothes ensured there was no risk of damage. The real struggle was in loading the sacks onto the Udaipur bus. Despite requesting help from the bus conductor and looking around for assistance, no one stepped forward. With great effort, Kailash Ji managed to load the sacks onto the bus one by one.

When the sacks finally reached Udaipur, another question arose: where and how should these clothes be distributed? While Udaipur had many slums, the conditions in the shanties near the City Railway Station appeared the most dire. It was decided to begin the distribution in this settlement.

And thus, another chapter in Kailash Ji's journey of service unfolded, exemplifying his commitment to uplifting the underprivileged.

Ashram List

| | | | |
|---|---|---|---|
| Janakpuri (Delhi) Mo. 7023101156 Mo. 7023101157 C/1212, Janakpuri, New Delhi-110058 | Rohini (Delhi) Mo. 08588835719 Mo. 08588835718 Narayan Seva Sansthan, B-4/232, Near Shiv Shakti Temple, Sector-8, Rohini, Delhi- 110085 | Surat (Gujarat) Mo. 09529920082, 27, Samrat Town Ship, Near Samrat School, Parwat Patia | Lucknow (U.P.) Mo. 9351230395 551/Ch/157 Near Cola Godown, Near Dr. Nigam, Jai prakash Nagar, Alam Bagh, Lucknow (U.P.) |
| Pune (Maharashtra) Mo. 09529920093 17/153 Main Road, Ganesh Super Market, Gokhle Nagar, Pune - 16 | Ludhiana (Punjab) Mo. 07023101153 50/30-A, Ram Gully, NairMal Bagh, Bharat Nagar Ludhiana (Punjab) | Patna (Bihar) Mo. 07023101172 H.N.-23, Kitab Bhawan Road, North S.K. Puri, Patna -13(Bihar) | Kolkata (West Bengal) Mo. 09529920097 H.N.- P 226, A Block, Ground Floor, Lake Town Kolkata - 700069 |
| Haridwar (Uttarakhand) Mo. 7849826181 H.No. 2049/A, near Holi Gangej School, govindpuri, Ranipur Turn, Haridwar | Jaipur (Rajasthan) Mo. 8696002432, B-16 Govinddev Colony, Behind Chogan Stadium, Gangaauri Bazar, Jaipur (Raj.) | Mumbai (Maharashtra) Mo. 9529920088 Mo. 7073452174 Mo. 9529920089 Shree Mahendra Jatav F 1/3, Hari Niketan Society, CHM Ltd., Opp. Basant galaxy GoreGaon West Mumbai | Baroda (Gujarat) Mo. 9529920081 Mo. 9529920092 HN.- B, 13B, ST Society, Opp. TB Hospital, Gautri Road, Baroda 390021 |
| Kota (Raj.) Mo. 8306004805 3,273 Ganesh Talab, Dadarwadi, Kota (Raj.) 324009 | Jodhpur (Raj.) Mo. 08588835716 Medati Gate Ke Andar, Kuchaman Haveli Ke Pass, Jodhpur-342001 | Ajmer (Raj.) Mo. 8306002896 Shanti Villa, Khalsa, Near Petrol Pump, Parbatpura, Jaipur Road, Ajmer (Raj.) 305002 | Bikaner (Raj.) Mo. 8306004819 Aroya Bhawan, Near Chopra Katla, Bhardwaj Dairy Opposite, Rani Bazar, Bikaner-334001 |
| Gurugram (Haryana) Mo. 07023101162 House No.-1936 GA, Street No.-10, Rajiv Nagar East, Mata Road, C.R.P.F. Camp Check, Gurugram-122001 | Chandigarh (Haryana) Mo. 070734 52176 H.No.3656, Sector-46/C, Chandigarh | Karnal (Haryana) Mo. 8306004815 House No.1105 FF, Sector-4 Karnal (Haryana) 132001 | Faridabad (Haryana) Mo. 8306004802 House no. 13, Sector-4R, Faridabad- 121004 |
| Meerut (U.P.) Mo. 8306004811 38, Shri Ram Palace, Delhi Road, Near Sabzi Mandi, Madhav Puram, Meerut (U.P.) 250002 | Hisar (Haryana) Mo. 7023003320, House No.2249, Sector-14, Hisar (Hari.)125055 | Jhansi (U.P.) Mo. 8306004804 House No.-1806/2, Narayan Bagh Road, Shivaji Nagar Tiraha, Hotel CP Palace Near Shivaji Nagar, Jhansi (U.P.) | Prayagraj (U.P.) Mo. 09351230393 Mind - 78/B, Mohat Singh Ganj, Prayagraj-211003 (U.P.) |
| Bengaluru (Karnataka) Mo. 9341200200 Narayan Seva Sansthan 40 (12) 1st Floor, Model House Colony, Opposite Samina Park, NR Colony, Basavanagudi, Bengaluru-560004 (Karnataka) | Jabalpur (M.P.) Mo. 8306004832 296, Dixitpura, Hardol Mandir Mahatma Gandhi Ward, Jabalpur (M.P.) 482002 | Gwalior (M.P.) Mo. 7412060406 41A, New Shanti Nagar, K Trivedi Nursing Home Behind, New Road, Lashkar, Gwalior (M.P.) 474001 | Bhopal (M.P.) Mo. 95299 20089 A-846, New Ashoka Garden, Near Digambar Jain Temple, Raisen Road, Bhopal - 462023 (M.P.) |

Physiotherapy Centers

| | | | |
|---|--|---|---|
| Fatehpuri (Delhi) Mo. 8588835711 Mr. Krishnavtar Khandelwal: 09999175555 Katra Bariyan, Near Ambar Hotel, Fatehpuri, Delhi - 6 | Raipur (Chhattisgarh) Mo. 7869916950 Meera Ji Rao, H.N.-29/500, TV Tower Road, Street NO.- 2, Phase-2, Shree ram Nagar, Po. Shankar Nagar Raipur, Chattisgarh | Ambala (Haryana) Mo. 07023101160 Shree Savita Sharma, 669, Housing Board, Colony, Near urban State, Sector-7, Ambala (HR.) | Dehradun (Uttarakhand) Mo. 7023101175 Sai Lok Colony, Village Cabari Grant, Shimla Bay Pass Road, Dehradun-248007 UK |
| Bhayandar (Mumbai) Mo. 9529920090 Oswal Baghichi, RNT park, Bhayandar East Mumbai -401105 | Modinagar (UP) Aary Smaj Mandir, Sikari Petrol Pamp Ke Samne, Modinagar-201204 | Shahdara (Delhi) B-85, Jyoti Colony, Durgapuri Chowk, Shahdara Delhi-32 | Rajkot (Gujarat) Mo. 09529920083 Opp. Bhagat Singh Garden Akashwani Chowk Shiv Shakti Colony, Block No.- 15/2 university Road, Rajkot (Guj.) |
| Loni (UP) Mo. 9529920084 Mo. 9818572693 SMT. Krishna Memorial Free of Cost physiotherapy Center, 72 Shiv Vilhar, loni Banthla, Near Chirodi Road (Mokshdham Mandir), Ghaziabad | Jaipur (Rajasthan) Mo. 9929027946 Badrinarayan Ved physiotherapy Hospital and Research Center, B-50-51, Sunrise city, Moksh marg Niwaru, Jhotwara, Jaipur | Indore (M.P.) Mo. 9529920087 G-02, 19-20 SUCHITA APPARTMENT, SHANKAR NAGAR, NEAR CHANDLOK CHORAH, KHAJIRANA ROAD, INDORE-452018 (M.P) Jaon West Mumbai | Hathras (U.P.) Mo. 9453045748 Mo. 7023101169 Under LIC Building, Aligarh Road, Hathras UP |
| Hyderabad (Telangana) Mo. 9573938038 Lilawati Bhawan 4-7-122/123, Isamia bazaar, Kolhi, Near Santoshi Mata Mandir, Hyderabad -500027 | Ghaziabad (UP) Mo. 7073474435 184, Seth Gopimal Dharmshala, Kelawalan, Delhi gate, Ghaziabad UP Mr. Bhanwar Rathore: 7073474435 Smt. Shila Jain Nishulk Physiotherapy Center B-350 New Panchwati Colony, Ghaziabad-201009 U.P. | Mathura (U.P.) Mo. 7023101163 Narayan Seva Sansthan, 68-D, Radhika Dham Ke Pass, Krishna Nagar, Mathura-281004 UP | Ahmedabad (Gujarat) Mo. 9529920080 Mo. 8306004821 124/1477, Laksmikripa Apartment, Near Jaymangal BRTS bust stop, Sola road, Naranpura, Ahmedabad (Guj.) OB, 3/28, Gujrat Housing Society, Khodiyar Mandir Char Rasta, Near Babu Nagar, Poice Station, Ahmedabad (Guj.) |
| Ratlam (M.P.) Shrimati Vimla Mukhija Nishulk Physiotherapy Center, 24, Vimal Niwas, Street No. 1 Ujjala Hotel Ke Piche, Station Road, Ratlam -457001 MP | Agra (U.P.) Mo. 7023101174 H.No. 8/153 E-3 New Lawries Colony, Behind Water Tank Agra-282003- U.P. | Aligarh (U.P.) Mo. 7023101169 MIG 48, Vikas Nagar Agra Road, Aligarh UP | Kaithal (Haryana) Mo. 9812003662 Ground Floor, Garg Psychiatry & Dental Hospital, Near Padma City Mall, Karnal Road, Kaithal, Haryana |

JOIN HANDS WITH NARAYAN SEVA SANSTHAN AND CONTRIBUTE FOR THE BETTERMENT OF THE DIFFERETLY ABLED & DEPRIVED

Celebrate the birthdays, anniversaries and other special occasions by making a generous contribution for the needy

Donate for corrective surgeries of differently abled

| Number of Surgeries | Donation Amount | Number of Surgeries | Donation Amount |
|---------------------|-----------------|---------------------|-----------------|
| 501 Surgeries | 17,00,000 INR | 40 Surgeries | 1,51,000 INR |
| 401 Surgeries | 14,01,000 INR | 13 Surgeries | 52,500 INR |
| 301 Surgeries | 10,51,000 INR | 5 Surgeries | 21,000 INR |
| 201 Surgeries | 7,11,000 INR | 3 Surgeries | 13,000 INR |
| 101 Surgeries | 3,61,000 INR | 1 Surgery | 5,000 INR |

Feed the needy

Lifetime Food Donation

(Once a year feed 50 differently abled/orphan/underprivileged children)

| | |
|--|------------|
| Breakfast, Lunch & Dinner Contribution | 37,000 INR |
| Lunch & Dinner Contribution | 30,000 INR |
| Contribution for one meal (Lunch/Dinner) | 15,000 INR |
| Breakfast Contribution | 7,000 INR |

Contribute for Artificial Limbs

(Gift artificial limb and/or aids & appliances to differently abled)

| Particulars | Contribution Amount (1 Unit) | Contribution Amount (3 Units) | Contribution Amount (5 Units) | Contribution Amount (11 Units) |
|-----------------|------------------------------|-------------------------------|-------------------------------|--------------------------------|
| Tricycle | 5,000 INR | 15,000 INR | 25,000 INR | 55,000 INR |
| Wheel Chair | 4,000 INR | 12,000 INR | 20,000 INR | 44,000 INR |
| Caliper | 2,000 INR | 6,000 INR | 10,000 INR | 22,000 INR |
| Crutches | 500 INR | 1,500 INR | 2,500 INR | 5,500 INR |
| Artificial Limb | 10,000 INR | 30,000 INR | 50,000 INR | 1,10,000 INR |

Make a differently-abled/ underprivileged person self-dependent

Mobile Repair/Computer Operation/Sewing/Mehendi Training

| | |
|---------------------------------------|---------------------------------------|
| 1 Student Contribution- 7,500 INR | 3 Student Contribution- 22,500 INR |
| 5 Student Contribution- 37,500 INR | 10 Student Contribution- 75,000 INR |
| 20 Student Contribution- 1,50,000 INR | 30 Student Contribution- 2,25,000 INR |

Mass Wedding contribution for differently-abled/ underprivileged couples

We host Divyang Vivah twice a year, 2408 couples have been benefited from this service so far.

You can contribute for this holy matrimony in the following ways:

Contribute for the mass wedding ceremony of differently abled & underprivileged

| | | | |
|--------------------|----------|-------------------|--------|
| Kanya Dan | 1,00,000 | Food | 11,000 |
| Panigrahan Sanskar | 21,000 | | |
| Mayra | 51,000 | Mehendi and Haldi | 5,100 |

TRANSFER YOUR KIND CONTRIBUTION IN OUR BANK ACCOUNT

You can transfer your kind contribution in the name of 'Narayan Seva Sansthan Udaipur' directly. You can inform us about your contribution by sending us a copy of your PAY IN SLIP so that we can provide you with the receipt.

Pan No. AAATN4183F | TAN No. JHDN01027F

| | | | |
|----------------------|---------------|-------------|------------------|
| STATE BANK OF INDIA | -H.M.Sector-4 | SBIN0011406 | 31505501196 |
| ICICI Bank | -Madhuban | ICIC0000045 | 004501000829 |
| PUNJAB NATIONAL BANK | -KalajiGoraji | PUNB0297300 | 2973000100029801 |
| UNION BANK OF INDIA | -UdaipurMain | UBIN0531014 | 310102050000148 |

The donations made to Narayan Seva Sansthan are eligible for 50% tax exemption under Section 80 G of Income Tax Act 1961



UPI narayanseva@sbi

You can use this QR code to transfer your kind donations via



You can also use narayanseva@sbi as UPI address for making a donation from any of your UPI apps.

You can contact here for more details:

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WhatsApp: +91-7023509999

Address:

Narayan Seva Sansthan- 'Sevadham', Seva Nagar, Hiran Magri, Sector-4, Udaipur-313002 (Rajasthan), India



Successful Surgeries

425350 till date



Modular Artificial Limb

31427 Brothers & Sisters benefitted

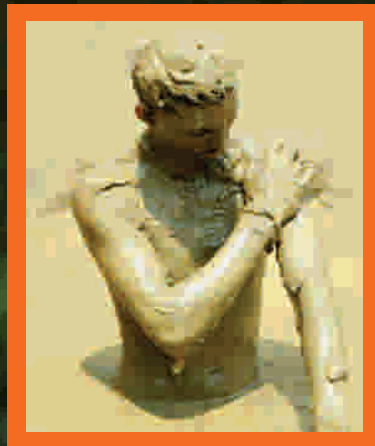
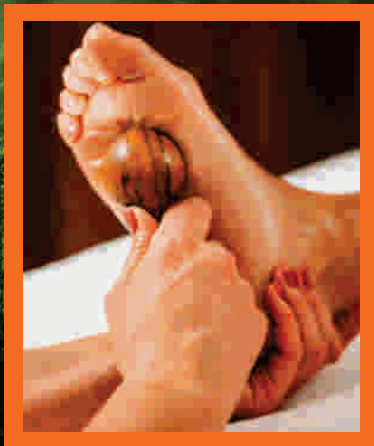


Mass Wedding for Physically Handicapped & Poor couples

2306 Couples till date

NARAYAN MAHAVEER NATURAL THERAPY HOSPITAL

Yoga therapy and advanced acupuncture therapy
are also available along with naturopathy.



Situated 15 kilometers from Udaipur, the City of Lakes, also known as the Kashmir of Rajasthan, in the picturesque valleys of the Aravalli mountain range at Lyon Ka Gudda, lies the Seva Mahatirth Campus of Narayan Seva Sansthan. The Narayan Mahaveer Prakritik Chikitsalaya is providing health and healing to individuals suffering from chronic ailments who have lost hope in other medical treatments. Such individuals are cordially invited to visit the Sansthan and benefit from its healthcare services.

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